

Hearts and Petals Pincushion

English Paper Piecing Patterns by Miss Leela

What You Will Need

- Paper Templates - 1/2" jewel x 6
- Three pieces of scrap fabric large enough to cut two jewels from each
- 4.5 x 4.5" piece of square fabric for background
- 4.5 x 4.5" piece of square wool felt for pincushion back
- Thread of choice for piecing and slip stitch applique
- Perle 8 thread for decorative embroidery stitches and running stitch
- Needles for piecing and embroidery needle to suit perle 8 thread.
- Fabric cutting scissors, rotary blade, ruler and cutting mat, pinking shears (zig zag or scalloped)

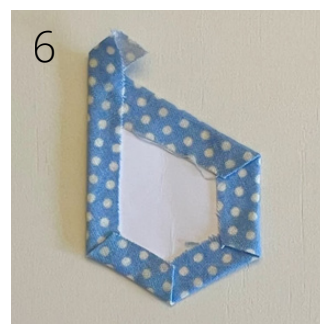
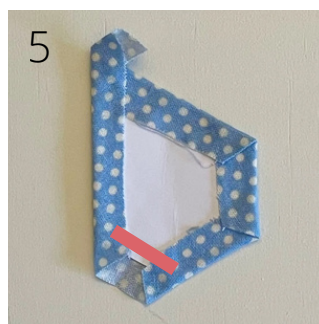
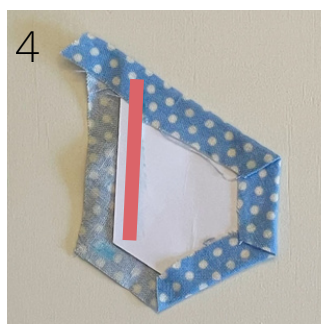
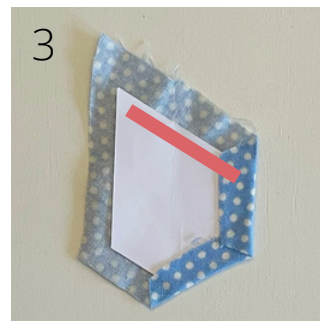
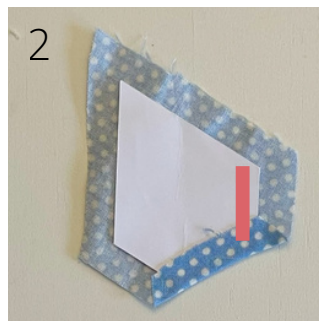
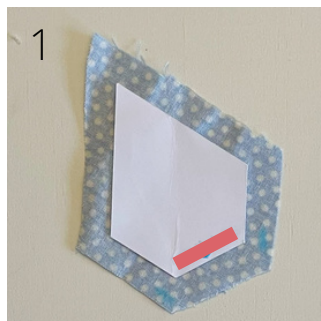


Cutting and Basting Jewels

Follow the photos to baste your jewels. Remember to add your quarter inch seam allowance when cutting the fabric out.

Be sure to baste each jewel in the exact same sequence so that the fabric 'ear' sits in the same direction for each jewel allowing them to nest neatly together on the back.

The pink lines on the photos indicate where to place your glue.



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Piecing Jewel Heart Blocks (Fig.A)

When piecing jewel hearts I like to start where the short edges meet (point A) as it is easiest to line them up here and stitch down the long edge to the jewel tip (point B), or bottom of the heart block.

I always do a locking knot (figure eight knot) at the start and end of each stitched edge. Once I have stitched down the long edge I place a knot and then weave my needle and thread back up through the folded seam a little before cutting my thread.

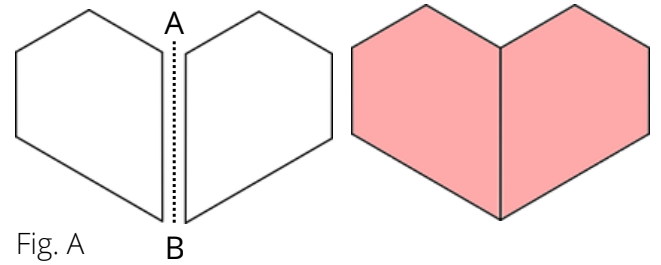


Fig. A

Piecing the Flower (Fig.B)

Begin by stitching Heart 1 and 2 together starting at point A and stitching to point B.

Next attach Heart 3 to Heart 1 by stitching from point B up to point C.

Lastly, stitch the remaining seam between Heart 2 and Heart 3 by stitching from point B to point D.

Use a locking knot at the start and end of each stitched edge.

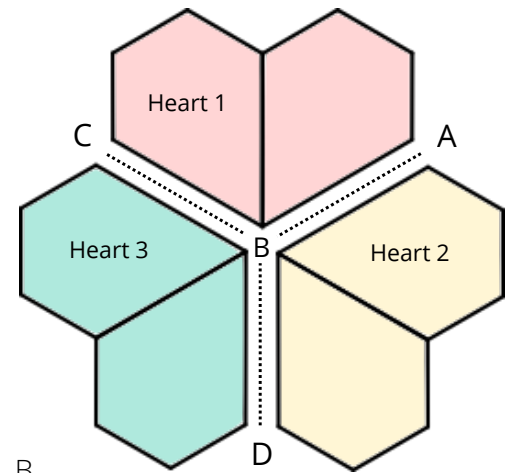


Fig. B

Appliqueing the Flower

Remove all of the jewel paper templates from your flower.

Pin your flower to your square piece of fabric so that it is centered.

Use a slip stitch all the way around the the flower to applique it on to the background fabric.



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Embroidery

Add three decorative lazy daisy stitches as shown in fig C.

Sewing up the Pincushion

Once you have stitched the lazy daisies, lay your pincushion front right side up on top of your felt square back, lining up the edges and pinning in place. Using a perle 8 thread do a short running stitch around the four sides 1/4" in from the edge (shown on fig C as blue dashed line). Leave approximately a 2 inch gap to stuff the pincushion.

Once the pincushion is stuffed, finish stitching the gap closed. Take the thread to the back of the felt and tie a knot close to the felt. Run your needle in under the felt and back out approximately 1/2 inch and snip the thread end off close to the felt.

Next use pinking shears to cut around the pincushion to give it a zig zag or scalloped edge.

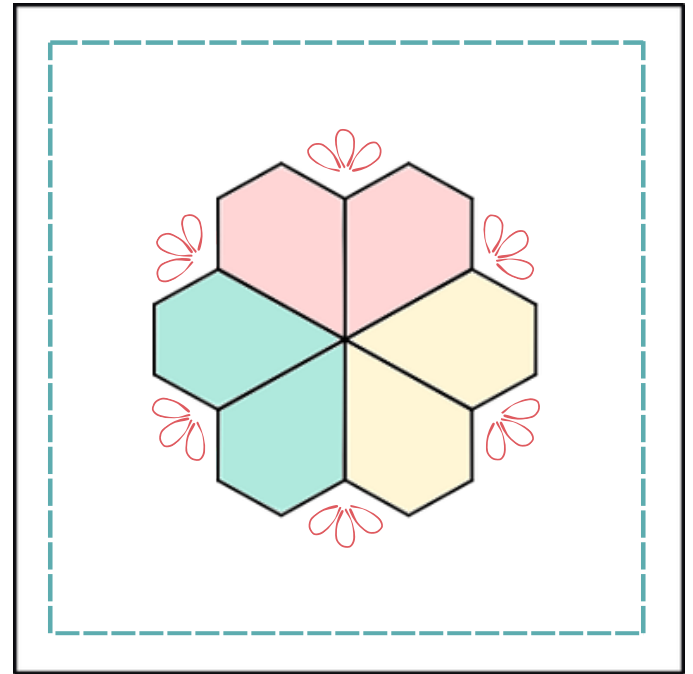


Fig. C



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Make it a Coaster Instead!

These jewel heart flowers also make sweet coasters.

Follow all of the steps for the pincushion just don't add stuffing. I added a few extra short running stitches between the lazy daisy stitches, stitching through the fabric and felt to help secure the layers together as a coaster.



Hi! I'm Miss Leela

I believe that slow stitching soothes the soul. I'm passionate about English Paper Piecing and ensuring that this traditional form of patchwork carries on into future generations. I enjoy the gentleness and joy that comes with sipping a cup of tea while slow stitching.

My patterns include step-by-step instructions aimed at taking the guess work out, with clear, colour graphics, general tips for English Paper Piecing, piecing methods and finishing instructions. Patterns include colouring graphs and all necessary printable templates.

I hope making this beautiful project brings you joy and allows you to focus on giving yourself some creative 'me time'.

Happy Stitching, Miss Leela x



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Project Inspiration



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English Paper Piecing

Digital PDF Download Book
Over 80 pages of techniques, tips and tricks to help you on your Slow Stitching EPP journey

If you'd like to learn more about English Paper Piecing, take a look at my Guide to English Paper Piecing — a comprehensive digital guide that answers your questions while gently encouraging you to slow down and create mindful, creative moments just for you.

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Connect with Miss Leela

Please do not hesitate to contact me if you have any questions with regards to this pattern. I will do my best to help and guide you.



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